



# the CHSPS Newsletter

NOVEMBER 2022

Go Rams and Lams 2022/23

**Two of the Greatest Events of the Year  
Together For The First Time**

**Christmas and Book Fair  
November 21 - 24**

**“Kick-Off to Christmas”**



**Kick-off your Christmas shopping with a  
\$150 Shopping Spree to Book Fair**

**Adult only Door Prize at our  
Book Fair Family Night**

Must be redeemed by Thursday Nov 24.

**Tuesday, November 22**

**5 - 7 PM**

**HAVE A KICKIN'!**



**BOOK FAIR!**





# Principal's Message



Staff and students have been working hard to accomplish a variety of tasks in their respective classes. This includes Remembrance Day activities, literacy and numeracy work, options, sports, and a whole lot more. What better way to celebrate their success than a well-deserved break!

So, November 8, 2022, will be the last day of school for a few days. From November 9 to 15, 2022, students will be off from school for the fall break (staff will be off during that time but have a couple of professional development days sprinkled in during the break). Take time to rest and rejuvenate, be together as family and/or catch up on a number of things that have been put on hold during the first couple of busy months of school. School resumes November 16, 2022. Enjoy the break everyone!

Mr. Nickel and I appreciate you all: families, students and staff of CHSPS! Thank you for all your support, contributions to our great school and positive messaging.

Please reach out if you ever have any questions (**email:** rcowan@brsd.ab.ca or **phone:** 780-384-3817).

Be well always,  
Richard Cowan  
Principal

## Important Reminders

**Parent-Teacher Interviews** are November 7 and 8 from 4:00 to 7:00 p.m. They are **BY APPOINTMENT ONLY** (either in person or on the phone) and in 10-minute increments. Please book your appointment when the link to do so is emailed.

Please remember to get your **students' school fees** paid ASAP. Statements were emailed out Monday, Oct 31. Payments can be made **ONLINE** using [this link](#), which is also found on our webpage.

## IMPORTANT DATES

**Thursday, Nov. 3, 2022**  
2:20 p.m. Early Out  
Staff Meeting

**Monday, Nov. 7 and  
Tuesday, Nov. 8, 2022**  
Parent-Teacher Interviews  
(by appointment only)

**Wednesday, Nov. 9, 2022**  
No School  
Professional Learning

**Thursday, Nov. 10, 2022**  
School Closed  
Day in lieu of Parent/Teacher  
Interviews

**Friday, Nov. 11, 2022**  
School Closed  
Remembrance Day



**Monday, Nov. 14, 2022**  
School Closed  
Day in lieu of Parent/Teacher  
Interviews

**Tuesday, Nov. 15, 2022**  
School Closed  
Fall Break

**Thursday, Nov. 17, 2022**  
Picture Retake Day

**Monday, Nov. 21 to  
Thursday, 24, 2022**  
Kick-Off to Christmas Book Fair



**Thursday, Dec. 1, 2022**  
2:20 p.m. Early Out  
Staff Meeting



## Office staff can be reached via email

Email Angie and Melinda in the office. Please use [chsp-aa@brsd.ab.ca](mailto:chsp-aa@brsd.ab.ca) to report student absences and any other messages you need to relay to office staff.



## 2022-23 School Spirit Days

November 3rd — Camo Day

December 1st — Cozy Day

February 2nd — Beach Day

March 2nd — Pattern Day

April 6th — Character Day

May 4th — Western Day

June 1st — Backwards Day



Through the PowerSchool Parent Portal, parents/guardians will have access to their child's attendance and gradebooks. Videos to help you log in for the first time, how to navigate the portal and the PowerSchool app can be found CHSPS's [website](#).

We are not assigning passwords for these new accounts so you will need to visit <https://brsd.powerschool.com/public/home.html> and click on "Forgot Username or Password" and follow the prompt to reset your password. Your username will be your Firstname.Lastname (i.e., Jane.Brown) and an email will go through to the address you have previously provided.

If you need help, please contact the school for assistance at 780-384-3817.

## PICTURE RETAKE DAY

Thursday, November 17th at 9:00 a.m.



say  
cheese

# September

## Citizens of the Month



**Duncan Ferrier, Gr. 11** — for helping out fellow students and being a positive influence in the school.



**Kelsey Price, Gr. 12** — for bulletin boards and leadership with SAVY.



**Ethan Skoberg, Gr. 8** — for all of his help with concession!



**Porter Martin, Gr. 8** — for his helping with classroom takedown and setup without being asked.

# September

## Athletes of the Month



**Kelsey Price, Gr. 12** — for her commitment to the volleyball team. She is consistently encouraging her teammates and is a positive addition to the team.



**Brody McDowell, Gr. 12** — for his leadership and playing multiple key positions on the football team. He will be hard to replace next year!



**Destiny Castagna, Gr. 7** — for her performance at cross country. She placed 4th overall in the Battle River Race Series.



**Jacob Cornwell, Gr. 9** — for his perseverance throughout cross country. He always challenges himself to do his personal best.



HELLO!

My name is Crystal Rapson and I am the Family School Liaison Worker (FSLW) at CHSPS! I am typically at CHSPS two days a week as I also provide support at Ecole Charlie Killam School in Camrose three days a week.

**Did you know BRSD has a FSLW in every school throughout the division?**

The FSLW program provides free general counselling in the school setting. Because students learn best when their mental health is supported, the FSLWs work with students and families to manage challenging events they are facing, focusing on mental wellness for each student's individual needs. The FSLWs also provide ideas for support and resources available outside of the school if needed.

This year, I will be offering a variety of groups as well. These groups will be centered around school/classroom needs, such as healthy friendships, self-regulation and social skills.

Please note, any student aged 13 or younger requires parental consent to see a FSLW or participate in a group.

Parents and community service providers can fill out a simple form to refer a student for FSLW service.

This form can be found at the FSLW Office or by following this link: <https://www.brsd.ab.ca/learning/family-school-liaison>.

Once complete, forward the referral form to [fslwreferral@brsd.ab.ca](mailto:fslwreferral@brsd.ab.ca).

If you have any questions/concerns or are wondering if your child would be a good fit for the program, please don't hesitate to reach out! Email: [crapson@brsd.ab.ca](mailto:crapson@brsd.ab.ca) or speak with your child's classroom teacher.

I wish you an amazing school year full of learning, growth and fun!



## MacEwan University Tour

Both CALM classes were able to take a field trip to tour MacEwan University located in downtown Edmonton. We enjoyed seeing what a campus and residence look like and learning about all the programs MacEwan has to offer. Thank you to School Council for funding the bus for our field trip!





The classes also listened to a presentation from Augustana University located in Camrose.



# CHSPS

## Winter Fundraiser



**Approximate Poinsettia Sizes:**

6.5" pot:  
14 to 16" tall and 13 to 16" wide



\$ 13.00

**6.5" Premium Poinsettia**

*A Holiday Favourite!* Brighten up any room this winter with a vibrant poinsettia. Available in red and white, the poinsettia is perfect for your home, hotels, restaurants and banks over the holidays.



\$ 35.00

**Indoor Tropical Planter**

*Add a festive look to your table with a mixed tropical planter. There are four different plant varieties planted in these rectangular holiday themed tins. **Planter container designs do vary and cannot be requested.***



\$ 35.00

**Holiday Wreath**

*A Holiday Wreath is a classic door upgrade. Fresh noble, cedar and juniper decorated with a large plaid bow, frosted pinecones and red berries are sure to give you and your guests a homey warm feeling from the outside.*



\$ 35.00

**Hanging Greenery Bough**

*Greenery that is versatile!* A fun, vintage burlap bag holds premium greens and red ilex berry branches. Completing the look are holiday picks like a bow and a pinecone. Lean it up against stairs, benches, or your home and hang from your door.



\$ 50.00

**Outdoor Greenery Arrangement**

*Welcome your guests in from the cold with this large, beautiful and fresh holiday greenery arrangement. Pinecones, berries and a large red bow complete the festive look. Standing at 2 feet tall this statement piece is sure to inspire the joyful spirit!*

\*All items may not be exactly as shown. We have a variety of plant/greenery mixes, containers and holiday features.\*

Hello CHSPS families, a PDF of the poster of the CHSPS Annual Poinsettia Holiday Fundraiser can be downloaded at: [Poinsettia Fundraiser.pdf](#).

Money raised goes to our Parent Council and is used to pay for things like busing for field trips, new playground equipment, etc.

Online orders are preferred. You can place your order at: [chsp.growingsmilesfundraising.com](http://chsp.growingsmilesfundraising.com).

E-transfers can be sent to [chspscouncil@gmail.com](mailto:chspscouncil@gmail.com).

All orders are due by November 7 and pickup will be at TNT Instrumentation in Sedgewick on December 2 (time to be determined).

Our students thank you for your support!

# POST-SECONDARY EVENTS

**TUESDAY, NOVEMBER 8, 2022**

*Hosted by Educational Liaison  
Association of Alberta (ELAA)  
along with BRSD schools.*

**Over 20  
Institutions**

***Daysland School***  
***1:30 - 3:00 PM***  
***(for pre-registered schools)***

***École Camrose Composite High School***  
***5:30 - 7:00 PM***  
***(ALL BRSD students & families)***



More Information :

[careercounselling@brsd.ab.ca](mailto:careercounselling@brsd.ab.ca)



# A FOCUS ON THE TRADES



## ARE YOU INTERESTED IN A TRADE OR THE RAP PROGRAM?

- Do you like working with your hands? Being outside or active on a job site? Problem-solving? Learning skills while on the job? Or to be paid while in high school?

### THERE IS A TRADE FOR YOU!

- English, Math & Science 10 are common pre-requisites for the trades. See the [high school entrance](#) requirements for specific courses.
- Trade schools want their students to be successful. Consider following the recommended path rather than the minimum requirements.

## HOW TO BEGIN AN APPRENTICESHIP

1. Choose your program
2. Meet [entrance & eligibility requirements](#)
3. Find a sponsor or employer (journeyperson)
4. Register as an apprenticeship

## TRADE FOCUS - HAIRSTYLIST

- Pre-employment route : Attend an approved program and complete your on the job training
- RAP route: Find a certified journeyperson who is willing to train you on the job. Get registered, then apply for training through MyTradesecrets account.
- CTS credits may be eligible for first period training. HS requirements include a HS diploma.
- Visit [MyTRADESECRETS](#) for more information.

**AIT** Apprenticeship & Industry Training Key Links



### Designated Trade Profiles

#### High School Trade Requirements

At [MyTradesecrets](#) you can: Register with AIT, maintain your records & register for training.

## Trade Focus - Instrumentation

- Pre-employment route: An Instrumentation Engineering Technology Diploma (IET) is part of a nationally accredited program that provides a comprehensive course of studies in industrial measurement and control.
- RAP Route: Instrumentation & Control Technician Journeyperson - 4 training periods - You must find an employer!
- [NAIT](#) & [SAIT](#) offer both programs.
- HS Requirements include English 30-1/2, Math 30-1, Chem 20 & Physics 20.



# Alberta Apprenticeship and Industry Training

## TRADE ENTRANCE REQUIREMENTS

Alberta  
Trades.  
World  
Ready.

### MINIMUM REQUIREMENTS

Successful completion of the following courses:

### RECOMMENDED PATH

Alberta High School Diploma that includes the following courses:

<b>CATEGORY A</b>	English 10-2	English 30-2	
	Math 10-3		Math 30-3
	OR		Physics 20 OR Chemistry 20 OR Science 20
A pass mark in all five Canadian General Educational Development (GED) tests		Related Career and Technology Studies (CTS) courses	
OR			
Entrance Exam			
<b>CATEGORY B</b>	English 20-2	English 30-2	
	Math 20-3		Math 30-3
	Science 10		Physics 30 OR Chemistry 30 OR Science 30
OR		Related Career and Technology Studies (CTS) courses	
A pass mark in all five Canadian General Educational Development (GED) tests			
OR			
Entrance Exam			
<b>CATEGORY C</b>	English 10-2	English 30-2	
	Math 10-3		Math 30-3
	Science 10		Physics 20 OR Chemistry 20 OR Science 20
OR		Related Career and Technology Studies (CTS) courses	
A pass mark in all five Canadian General Educational Development (GED) tests			
OR			
Entrance Exam			

**CATEGORY A**

- Baker
- Barber
- Bricklayer
- Cabinetmaker
- Carpenter
- Concrete Finisher
- Cook
- Crane and Hoisting Equipment Operator
- Floor Covering Installer
- Glazier
- Hairstylist
- Insulator (Heat and Frost)
- Ironworker
- Lather (Interior Systems Mechanic)
- Locksmith
- Metal Fabricator (Fitter)
- Painter and Decorator
- Parts Technician
- Water Well Driller
- Welder

**CATEGORY B**

- Agricultural Equipment Technician
- Appliance Service Technician
- Automotive Service Technician
- Boilermaker
- Communication Technician
- Electric Motor Systems Technician
- Electrician
- Elevator Constructor
- Gasfitter
- Heavy Equipment Technician
- Industrial Mechanic (Millwright)
- Motorcycle Mechanic
- Natural Gas Compression Technician
- Plumber
- Power System Electrician
- Powerline Technician
- Sheet Metal Worker
- Sprinkler Systems Installer
- Steamfitter-Pipefitter
- Transport Refrigeration Technician

**CATEGORY C**

- Auto Body Technician
- Landscape Horticulturist
- Machinist
- Outdoor Power Equipment Technician
- Recreation Vehicle Service Technician

**CATEGORY D\***

- Roofer
- Instrumentation and Control Technician
- Refrigeration and Air Conditioning Mechanic

\*See the individual trades on [tradesecrets.alberta.ca](http://tradesecrets.alberta.ca) for Category D trade entrance requirements.

Equivalencies will be considered for entrance requirements.

If you have an existing trade certificate, it can serve as your entrance requirement when registering in an additional trade.

[tradesecrets.alberta.ca](http://tradesecrets.alberta.ca)

Alberta Government



Apprenticeship  
and Industry  
Training

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**Talk to your kids about alcohol**

While the legal age to consume alcohol is 18, the average age adolescents in Alberta have their first drink of alcohol, which is more than a sip, is 13 years and five months. This is important because the earlier in life a person starts to drink, the greater the risk of drinking problems in the future.

You can have a positive impact by having open conversations with your child and setting healthy boundaries and clear expectations.

**You are the role model**

Children tend to mimic the behaviour of those they love and admire, especially their parents.

Peer pressure is a factor in adolescent drinking, but often, youth drink for the same reasons as adults, including sociability, relaxation, and fun.

People may also drink alcohol to avoid problems, relieve anxiety or stress, or to get drunk. Talk with your children about other strategies to manage difficult times or strong emotions.

**Refusal Skills**

Practice these strategies with your children, so they feel comfortable saying no when they are offered alcohol or other substances:

"No thanks, I don't want to." Your child can repeat this as often as needed when they feel pressured; they can repeat saying this in a friendly, neutral manner.

"Sorry, I have to leave." This may be the best way to get out of a tricky situation.

Let your children know they can always say no to something that makes them uncomfortable, which will relieve them of a lot of the pressure.

**How to have a conversation about alcohol**

Be brief and neutral when explaining the facts about alcohol to your child; discuss the pros and cons. Explain the difference between drinking in moderation and alcohol misuse.

Encourage questions and expect to be asked about your drinking and experiences. Listen with full attention so your child can talk.

Try to understand your child's point of view and avoid lecturing to keep the conversation going.

**MORE RESOURCES**

[Parent Information Series | Alberta Health Services](#)

[Teen Health \(alberta.ca\)](#)

Information on mental health, community supports, programs and services in your area:



Addiction Services Help Line  
1-866-332-2322

Mental Health Help Line  
1-877-303-2642

